

OMNI Otters Swim Club
2009 Summer Season

MN032009 STANDARDS MSI Time Standards Yards

Girls 17 & Over

	ZONE	CH	A	B	C
50 Free	25.49	26.56	28.09	32.09	37.49
100 Free	54.89	57.39	1:00.39	1:08.99	1:20.39
200 Free	1:58.69	2:04.09	2:10.49	2:29.09	2:53.89
500 Free	5:16.19	5:30.59	5:47.29	6:36.89	7:43.19
1000 Free	10:54.19	11:23.89	11:40.19	13:40.89	15:57.89
1650 Free	18:09.19	18:58.69	19:26.69	22:46.79	26:34.89
100 Back	1:00.59	1:03.39	1:06.69	1:16.29	1:28.89
200 Back	2:11.49	2:17.39	2:24.39	2:44.99	3:12.49
100 Breast	1:08.99	1:12.09	1:15.89	1:26.69	1:41.19
200 Breast	2:28.69	2:35.49	2:43.49	3:06.79	3:37.89
100 Fly	59.99	1:02.79	1:06.09	1:15.49	1:28.09
200 Fly	2:10.79	2:22.69	2:22.69	2:43.09	3:10.29
100 IM		1:06.29	1:10.39	1:20.39	1:33.79
200 IM	2:13.19	2:19.29	2:26.39	2:47.39	3:15.29
400 IM	4:43.89	4:56.79	5:11.79	5:56.39	6:55.69