

OMNI Otters Swim Club
2009 Summer Season

MN032009 STANDARDS MSI Time Standards Long Course Meters

Boys 11-12

	ZONE	CH	A	B	C
50 Free	29.79	32.59	34.29	39.19	45.69
100 Free	1:05.49	1:11.39	1:14.99	1:25.79	1:40.09
200 Free	2:21.99	2:34.89	2:42.79	3:06.09	3:36.99
400 Free	4:59.89	5:27.09	5:43.69	6:32.89	7:38.29
500 Free		6:04.69	6:23.19	7:17.99	8:30.89
50 Back	35.19	38.69	40.69	46.49	54.29
100 Back	1:15.69	1:23.59	1:27.79	1:40.39	1:57.09
50 Breast	38.99	43.09	45.29	51.79	1:00.89
100 Breast	1:24.19	1:32.49	1:37.29	1:51.19	2:09.69
50 Fly	32.69	36.19	38.09	43.49	50.79
100 Fly		1:21.49	1:25.49	1:37.69	1:53.99
200 IM	2:42.39	2:58.09	3:07.09	3:33.89	4:09.49