

OMNI Otters Swim Club  
2009 Summer Season

**MN032009 STANDARDS MSI Time Standards Long Course Meters**

<b>Boys 15-16</b>					
	<b>ZONE</b>	<b>CH</b>	<b>A</b>	<b>B</b>	<b>C</b>
50 Free	26.39	27.59	29.09	33.19	38.69
100 Free	57.89	1:00.49	1:03.59	1:12.69	1:24.79
200 Free	2:05.79	2:11.49	2:18.29	2:37.99	3:04.39
400 Free	4:26.09	4:38.09	4:52.19	5:33.89	6:29.49
500 Free		5:10.79	5:26.59	6:13.19	7:15.39
800 Free	9:11.79	9:36.89	9:51.29	11:32.69	13:27.89
1500 Free	17:37.29	18:25.29	18:52.59	22:07.19	25:48.19
100 Back	1:04.79	1:07.69	1:11.19	1:21.39	1:34.89
200 Back	2:18.69	2:24.99	2:32.39	2:54.19	3:23.19
100 Breast	1:13.09	1:16.39	1:20.29	1:31.79	1:47.09
200 Breast	2:39.69	2:46.99	2:55.49	3:20.49	3:53.89
100 Fly	1:02.09	1:04.89	1:08.29	1:17.99	1:30.99
200 Fly	2:18.09	2:30.59	2:30.59	2:52.19	3:20.89
200 IM	2:22.89	2:29.39	2:36.89	2:59.29	3:29.19
400 IM	4:59.89	5:13.49	5:29.39	6:16.39	7:19.19