

OMNI Otters Swim Club
2009 Summer Season

MN032009 STANDARDS MSI Time Standards Long Course Meters

Girls 9-10

	ZONE	CH	A	B	C
50 Free	33.49	36.39	38.29	43.79	51.09
100 Free	1:14.49	1:21.89	1:26.09	1:38.39	1:54.79
200 Free	2:41.89	2:58.49	3:07.69	3:34.39	4:10.09
50 Back	39.59	43.69	45.99	52.49	1:01.29
100 Back	1:26.19	1:35.29	1:40.19	1:54.49	2:13.49
50 Breast	43.89	48.29	50.79	57.99	1:07.69
100 Breast	1:36.79	1:46.99	1:52.49	2:08.59	2:29.99
50 Fly	37.69	42.09	44.29	50.59	58.99
100 Fly	1:26.29	1:37.89	1:42.89	1:57.69	2:17.19
200 IM	3:02.19	3:19.89	3:30.09	4:00.09	4:40.09